



## USSF PLAYER DEVELOPMENTAL INITIATIVES

### Birth Year Modifications for Presidio & SDDA 2017 Fall Season

Birth Year	2009B	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000	1999
Field Size <sup>1</sup>	60 x 40 to 70 x 50*	60 x 40 to 70 x 50*	60 x 40 to 70 x 50*	60 x 40 to 70 x 50*	60 x 40 to 75 x 55**	100 x 60 <sup>1</sup> to 120 x 80	100 x 60 <sup>1</sup> to 120 x 80	100 x 60 <sup>1</sup> to 120 x 80	100 x 60 to 120 x 80	100 x 60 to 120 x 80	100 x 60 to 120 x 80	100 x 60 to 120 x 80
Number of Players on Field <sup>2</sup>	7 v 7	7 v 7	7 v 7	9 v 9	9 v 9	11 v 11 <sup>2</sup>	11 v 11	11 v 11	11 v 11	11 v 11	11 v 11	11 v 11
Goalkeeper	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
Match Time	2 x 25 mins	2 x 25 mins	2 x 25 mins	2 x 30 mins	2 x 30 mins	2 x 35 mins	2 x 35 mins	2 x 40 mins	2 x 40 mins	2 x 45 mins	2 x 45 mins	2 x 45 mins
Halftime	5 MIN	5 MIN	5 MIN	5 MIN	5 MIN	5 MIN	5 MIN	5 MIN	5 MIN	5 MIN	5 MIN	5 MIN
Ball Size	4	4	4	4	4	5	5	5	5	5	5	5
Goal Size	6 x 18 or 7 x 21	6 x 18 or 7 x 21	6 x 18 or 7 x 21	6 x 18 or 7 x 21	6 x 18 or 7 x 21	8 x 24	8 x 24	8 x 24	8 x 24	8 x 24	8 x 24	8 x 24
Heading Policy <sup>3</sup>	NO	NO	NO	NO	Yes	YES	YES	YES	YES	YES	YES	YES
Offside	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
Max. Presidio & SDDA Roster Size	14	14	14	18	18	18	18	18	22	22	22	22
Max. Game Day Roster Size	14	14	14	18	18	18	18	18	18	18	18	18
Max. State & National Cup Roster Size	14	14	14	14	22	22	22	22	22	22	22	22

\* Joint use field can be up to 70 x 50 (If combined with 2006 Field)

\*\* Field could be longer but not longer than 90 yards

<sup>1</sup>

<sup>3</sup> Heading allowed in games but limited heading at practice per U.S. Soccer Initiatives Player Development

## **Presidio/SDDA is implementing the following rule on “Heading the Ball”.**

Presidio is implementing the following rules regarding Heading of the Ball for youth players in practice and games:

1. Players 2007 and younger shall not engage in heading, either in practices or in games.
2. Limited heading in practice for players 2005 and 2006 age groups. These players shall be limited to a maximum of 30 minutes of heading training per week, with no more than 15-20 headers per player, per week.
3. Clubs / Teams should be aware of circumstances in which individual consideration is needed. For example: A 10 year old playing at 2006 or older should not head the ball at all; an 11 or 12 year old playing at 2005 or older should abide by the heading restrictions in practice.
4. Referees should enforce these restrictions by birth year according to the specified rules for that age group. Referees will not be assessing the age of individual players on the field; they will enforce the rules for the age group. To calculate the age group of a team, subtract the team’s birth year from 2018. (example, 2018 - 2005 birth year = Age 13)
5. In the opinion of the referee, when a player deliberately heads the ball, an indirect free kick (IFK) will be awarded to the opposing team from the spot of the offense. If the deliberate header occurs within the penalty area or goal area by either team, the indirect free kick (IFK) is taken by the opposing team on the penalty area line parallel to the goal line at the point nearest to where the infringement occurred.